

QUICK REVIEW

Quick Review — Position, Displacement, and Velocity — Algebra-Based

Refresh the most important ideas, formulas, and problem-solving strategies for Position, Displacement, and Velocity in just a few minutes.

 TIME 5–10 minutes	 BEST FOR A rapid refresh	 FINISH WITH Key ideas refreshed
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After this quick review, you'll be able to...

quickly recall the essential concepts, formulas, and problem-solving strategies needed to move forward with confidence.

HOW TO USE THIS GUIDE

Work through the four stages in order. Write directly in the spaces provided, check your work in the Quick Answers section, and finish by choosing the next resource that matches your confidence.

Choose how you want to review: work through this guide, follow the online review, or watch the video review.

[Start the Review Online →](#)

[Watch the Video Review →](#)

YOU WILL NEED

Pencil or pen • Calculator if needed • Approximately 5–10 minutes

FR-02 • COURSE ALIGNMENT

Course Alignment

This Physics Sensei Topic Review is an independent learning resource. Use it to reinforce key concepts, prepare for homework, or review before a quiz or exam.

Related Unit Review: If you need to review the complete unit material, review [Motion in One Dimension here →](#)

RESOURCE: Physics Sensei Topic Review
TOPIC ID: MEC-U03-T01
TOPIC: Position, Displacement, and Velocity
PARENT UNIT: MEC-U03 — Motion in One Dimension
COURSE LEVEL: Algebra-Based introductory physics

BEST USED

- ✓ After learning the topic
- ✓ Before starting homework
- ✓ Before a quiz or exam

FR-03 • YOUR REVIEW PLAN

Your Review Plan

Complete these four stages to quickly refresh the essential ideas and confirm you're ready to continue.

4 stages • Approximately 5–10 minutes

1 Quick Recall Refresh what you already know.	2 Essential Idea Review the most important concept.
3 Confidence Check Confirm you're ready to move on.	4 Next Step Continue your learning.

PRINTING TIP

For student copies, print double-sided and keep the Quick Answers section after the student activities so learners attempt each activity before checking their work.

FR-04 • STAGE 1 OF 4

Quick Recall

Let's quickly refresh what you already know. This short recall activity will bring the most important ideas back to mind before you review them.

QUICK RECALL

Recall Activity

Write the relationships for displacement and average velocity. What sign should average velocity have if $x_2 < x_1$?

Ready to refresh the essentials?

Great! Now review the most important idea you'll want to remember.

Review the Essential Idea →

FR-05 • STAGE 2 OF 4

Essential Idea

Take one last look at the most important concept from this topic. If you remember this idea, the rest will come back much more easily.

ESSENTIAL IDEA**Signed displacement controls average velocity**

In one dimension, position is a signed coordinate. Displacement is final position minus initial position, and average velocity is displacement divided by elapsed time. Keep signs through the calculation. A negative result means the net motion is in the negative coordinate direction.

$$\Delta x = x_2 - x_1; \bar{v} = \Delta x / \Delta t$$

EXAMPLE $x_1 = +8 \text{ m}$, $x_2 = -4 \text{ m}$, $\Delta t = 3 \text{ s}$ gives $\Delta x = -12 \text{ m}$ and $\bar{v} = -4 \text{ m/s}$.

SENSEI NOTE Do not use $|\Delta x|$ when the question asks for average velocity; the sign carries direction.

Ready to check your memory?

You've refreshed the essential idea. Now see how much you remember before moving on.

Start the Confidence Check →

FR-06 • STAGE 3 OF 4

Confidence Check

You've refreshed the essential idea. Now answer this quick confidence check to confirm you're ready to move on.

CONFIDENCE CHECK

Average velocity from endpoints

Use final minus initial.

A particle moves from $x_1 = -6\text{ m}$ to $x_2 = +9\text{ m}$ in 5 s. Find Δx and $\bar{v}$.

Ready for your next step?

Great work! You've refreshed the essential idea. Now choose the resource that best matches what you'd like to do next.

Choose Your Next Step →

QUICK ANSWERS • CHECK AFTER ATTEMPTING

Quick Answers and Explanations

Use these concise answers to check your recall and confidence—not only your final response.

QUICK RECALL**Recall Activity**

$\Delta x = x_2 - x_1$ and $\bar{v} = \Delta x / \Delta t$. If $x_2 < x_1$, $\bar{v}$ is negative.

WHY IT WORKS Elapsed time is positive, so average velocity has the same sign as the displacement.

CONFIDENCE CHECK**CONFIDENCE CHECK****Average velocity from endpoints**

$\Delta x = +15 \text{ m}$; $\bar{v} = +3 \text{ m/s}$.

WHY IT WORKS Subtracting -6 m from $+9 \text{ m}$ gives a positive displacement; dividing by 5 s gives $+3 \text{ m/s}$.

READINESS GUIDE

1 correct: You're ready to continue. • 0 correct: Revisit the Essential Idea or choose more practice.

FR-07 • STAGE 4 OF 4

Next Step: Continue Learning

Great work! You've completed this quick review. Choose the next resource that best matches how confident you feel.

? I'm Still Unsure Review the essential idea again. Review Again →	🎯 I Need More Practice Continue with additional practice for this topic. Go to Practice →	✓ I'm Ready Continue to the next recommended resource. Continue →
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RECOMMENDED LINKS

Review this topic again →

Find additional practice →

Choose another type of physics help →

Continue reviewing with these companion resources.

Start the Review Online →

Watch the Video Review →

PHYSICS HELP THAT MAKES SENSE

A Physics Sensei review never ends at the last question. It always guides you toward the next useful step.

PhysicsSensei.com